

JUMP ROPE FOR HEART

RELEASE and INDEMNIFICATION (Permission Slip)

Jump Rope For Heart involves jumping rope – a strenuous activity that may include risks such as, but not limited to, physical exertion, falls and contact with other participants. I hereby expressly assume all risks, including personal injury and fatality, arising out of my child's participation in Jump Rope For Heart and related activities.

It is my responsibility to ensure that my child's clothing and equipment are properly fitted and appropriate for use in this event. I represent and warrant that my child is physically fit and able to participate in Jump Rope For Heart. My child agrees to stop and request assistance if he/she experiences any symptoms such as, but not limited to, dizziness, excessive fatigue, shortness of breath, pain or any other conditions that would make it difficult or unsafe to continue.

I agree, for myself, my heirs, executors and administrators, to not sue and to release, indemnify and hold harmless the American Heart Association, Inc., its affiliates, officers, directors, volunteers and employees and all sponsoring businesses and organizations and their agents and employees, from any and all liability, claims, demands, and causes of action whatsoever, arising out of my child's participation in this event and related activities – whether it results from the negligence of any of the above or from any other cause. Furthermore, I authorize the use, copyright, or publication of my child's name, image or voice as may be captured by photograph or recording while participating in this event and related activities in any medium for any purpose, including illustration, promotion or advertisement.

If your child is participating in our online fund-raising program, please read and check the appropriate box:

☐ I agree to allow my child to register for the Jump Rope For Heart online fund-raising program. This site allows participants to track their individual and team's progress while having access to the AHA's educational and fund-raising resources. Your child has the option of including a photo on their site as well as sending out e-mails to family and friends in support of their participation with Jump Rope For Heart. For more information, go to americanheart.org/jump.

☐ I do not want my child to register for the Jump Rope For Heart online participant site at school.

The foregoing release and indemnification agreement shall be as broad and inclusive as is permitted by the State in which the event is conducted. If any portion of it is held invalid, the balance shall continue in full force and effect. I have read, understand and agree to the terms of this Agreement.

I am the legal guardian of the participant, and I hereby consent to his/her participation. I have read and explained the foregoing release and indemnification agreement to my child, and I hereby agree to its terms on behalf of myself and the Participant.

Parent/Guardian's Printed Name

Signature

Date

Participant's Printed Name

Home Room Teacher's Name

Date

Participant's Signature (required if 18 years or older)

☐ Yes, I will be a parent volunteer and help with this event. I may be reached at this phone number: _____

WHY your child should sign up TODAY to raise money online...

- It's **SAFE!** Our website is secure and protected. Information about your child and donors is housed on a secure site and won't be given to any third parties. Plus, your child does not need to handle any checks or cash since all donations are made online.
- It **SAVES TIME!** Write your own e-mail or use one of the templates provided. You can send one e-mail to all your friends and family.
- It's **EASY!** It takes just a few simple clicks for your child to join his or her school's online team. They can personalize their Web page by uploading a photo and sharing their reasons for helping others.
- It's **EFFECTIVE!** On average, participants raise more money online than through collecting checks or cash. By fund raising online, your family can help raise more money and help save more lives!
- It's **FUN!** Not only will your child be able to see how they are progressing toward their personal fund-raising goal, they can check out their school's progress toward the team goal.

americanheart.org/jump